

End of Life Care includes the care and support given in the final days, weeks and months of life, and the planning and preparation for this.

GSF has been educating care homes on the practical means to:-

- Help identify people early
- Assess resident's clinical needs
- Assess resident's personal needs
- Plan living well
- Deliver compassionate care
- Access relevant information
- Enable residents to die in the place and manner of their choosing

This leads to proactive, personalised, coordinated care as recommended in the 2019 NHS Long Term Plan, Quality Outcome Framework and NICE guidance.



For more information about the Gold Standards Framework see our website

www.goldstandardsframework.org.uk

Or contact the GSF Central Team

020 7789 3740

info@gsfcentre.co.uk

**What are the benefits of the
Gold Standards Framework?
(GSF)**

THE RIGHT CARE

In

THE RIGHT PLACE

At

THE RIGHT TIME

the **gold standards**
framework
in care homes

**Introduction to the
Gold Standards Framework
in Care Homes
for residents, families and friends**



Aiming for a “gold standard”
of care for all people near the end of
life.

“It’s about living well until you die”

What is the Gold Standards Framework?

The Gold Standards Framework is a framework to help deliver a 'gold standard' of care for all people as they near the end of their lives.

GSF is a systematic common-sense approach to formalising best practice, so that quality End of Life Care becomes standard for every resident.

It helps the staff to identify the needs of residents at each stage of their life, assess their needs, wishes and preferences, and to plan care on that basis, enabling them to live and die well with dignity, where they choose.

As part of this process, this home has joined the National Gold Standards Framework in Care Homes Programme.

The programme has three aims:-

1. To improve the quality of care provided for all residents.
2. To improve co-ordination and collaboration with GPs, primary care teams and other professionals involved in the residents' care.
3. To reduce unnecessary hospitalisation in final stage of life.

How will it improve care for the resident?

How will this benefit me?

The home and the healthcare professionals involved in your care will work with you to:-

- Ensure you have the right information you need to support you to make decisions about your care and plan ahead.
- Anticipate, assess and treat any symptoms you may have.
- Help you identify what is important to you, where you would like to be cared for and what you do and don't want to happen.
- Provide information and support for your family.
- Make sure your GP, District Nurses and any health and social care professionals, involved in your care are aware of your wishes and choices.

What is Advance Care Planning?

Advance Care Planning

It is important that a person is able to discuss and write down what matters to them, their thoughts, wishes and preferences for the future.

Advance Statement: Who can speak for me?

You can choose someone to speak on your behalf, if you are unable to speak for yourself. This can be a named proxy spokesperson or a Lasting Power of Attorney for health and welfare.

Advance Decision to Refuse Treatment: What if I don't want a particular treatment?

If you feel strongly that there are treatments that you do not want in the future, you will need to speak to your GP/or Consultant.

Advance Care Planning
IN **5** SIMPLE
STEPS

For further information go to:-

<https://www.youtube.com/watch?v=i2k6U6inIjQ>