



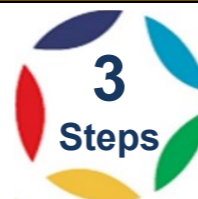
# GSF Summary

the gold standards  
framework  
in care homes



Aim

**Aim:** To enable a gold standard of care for all people in the last years of life supporting them to live well until they die.



Steps

**1. IDENTIFY**  
*Proactive*

**2. ASSESS**  
*Person Centred*

**3. PLAN**  
*Systematic*



Standards

**1. Right Person**

**2. Right Care**

**3. Right Place**

**4. Right Time**

**5. Every Time**



Key  
Tasks

**1. Identify  
Residents Early**

**2. Offer ACP  
Discussions**

**3. Plan  
Living Well**

**4. Plan Care  
of the Dying**

**5. Support  
Families and  
Carers**

**6. With  
Compassion**

**7. With a  
Systematic  
approach**



#### 1. Identify Residents Early

Early recognition of residents' phase of illness and level of need is identified, enabling more proactive supportive care.

#### 2. Offer ACP Discussions

Advance care planning discussions (or best Interest discussions) are offered to every resident leading to person centred care in line with preferences .

#### 3. Plan Living Well

Residents are enabled to live well in the care home. This includes enabling a good quality of life including physical, emotional, social, spiritual and practical areas and measures to reduce avoidable hospitalisation.

#### 4. Plan Care of the Dying

Care in the final days is of high quality, supporting residents to die well at home, if that is their wish, with anticipatory prescribing with good after-death care.

#### 5. Carers and Families Supported

There is awareness of the needs of relatives, friends and carers and proactive support offered at transition into the care home, during the final days and in bereavement.

#### 6. With Compassion

Compassionate dignity-enhancing care is given by all staff, who are themselves supported and enabled through reflective practice and self-care, within a compassionate system or culture.

#### 7. With a Systematic Approach

Demonstrating that high quality care is consistent, systematic and fully embedded for all residents, that this includes the whole team with all staff involved, with effective leadership and teamworking.

#### Accreditation involves

- GSF Training and outcomes measurement
- Fully Embedding GSF
- Before and follow up Evaluations eg ADA, KOR,
- Portfolio of Evidence assembled and marked
- Assessment visit
- Follow up clarification if needed
- Objective Panel decision